



OFFICE OF THE MAYOR
ROCK SPRINGS, WYOMING

Proclamation



WHEREAS: September is known throughout the United States as National Suicide Prevention Awareness Month and is intended to help promote awareness surrounding each of the Suicide Prevention resources available to us and our community; and

Our goal is to learn how to help those around us and how to talk about suicide without increasing the risk of harm; and

Suicide prevention requires a comprehensive, multi-level approach that encompasses strategies for prevention, early intervention, treatment, and postvention after a death has occurred; and

Suicidal thoughts can affect anyone regardless of age, gender, race, orientation, income level, religion, or background; and

According to the United States Center for Disease Control, each year more than 41,000 people die by suicide; as such, it is the 10th leading cause of death among adults in the U.S., and the 2nd leading cause of death among people aged 10-24; and

The City of Rock Springs, Wyoming is no different than any other community in the country, but chooses to publicly state and place its full support behind local educators, mental health professionals, athletic coaches, scout leaders, police officers, and parents as partners in supporting our community, simply by being available to one another; and

Every member of our community should understand that throughout life's struggles, we all need the occasional reminder that we are all silently fighting our own battles.

Now, Therefore, Be it Resolved, that I, Timothy A. Kaumo, Mayor of the City of Rock Springs, do hereby declare **September 2019** to be

SUICIDE PREVENTION AND AWARENESS MONTH

in the City of Rock Springs and we encourage all residents to take the time to inquire as to the wellbeing of their family, friends, and neighbors over the next month and to genuinely convey their appreciation for their existence by any gesture they deem appropriate. A simple phone call, message, handshake, or hug can go a long way towards helping someone realize that suicide is not the answer.

**In witness whereof I have hereunto set my hand
and caused the seal of this City to be affixed.**

Mayor _____

Date _____